



Standard Mental Health First Aid Course 精神健康急救證書課程

Content of this 12-hour certificate course:

- Symptoms & treatment: depression, anxiety disorder, psychosis and substance use disorder
- Possible crisis situations arising from these mental health problems
- Five first-aid actions and skills

Date: 8, 15, 22, 29 October 2021 (Fri)

Time: 2:30-5:30pm

Venue: SMC 809, Shek Mun Campus

Language: Cantonese

Quota: 20

Fee: Free

Registration Link: <https://bit.ly/3Cbqjts>

